

# CURRICULUM VITAE

**Alona D. Angosta, Ph.D., MSN, APRN, FNP-C, FAAN**

## **Baylor University**

**Louise Herrington School of Nursing**

333 N. Washington Ave. Dallas, TX 75246

Office: (972) 576-9110 Email: [alona\\_angosta@baylor.edu](mailto:alona_angosta@baylor.edu)

## **EDUCATION**

2010	Doctor of Philosophy in Nursing	University of Hawaii at Manoa
2000	Master of Science (Specialty: Family Nurse Practitioner)	University of Nevada, Las Vegas
1994	Bachelor of Science in Nursing	University of Nevada, Las Vegas

## **LICENSURE & CERTIFICATION**

2000 - Current	Advanced Practice Registered Nurse, Nurse Practitioner (NV)
2021 - Current	Advanced Practice Registered Nurse, Nurse Practitioner (TX)
2000 - Current	American Academy of Nurse Practitioners Certification Board
2006 - Current	Registered Nurse (TX)
1995 - Current	Registered Nurse (NV)

## **ACADEMIC & LEADERSHIP EXPERIENCE**

2021-Present	Associate Dean for Research & Scholarship and Professor	Baylor University Louise Herrington School of Nursing, TX
2021-Present	Emeritus Professor	University of Nevada, Las Vegas (UNLV)
2017-2021	Director, MSN Program and Post-Master's Certificate	UNLV
2016	Director, BSN Program (Acting)	UNLV
2016-2021	Associate Professor, Tenured	UNLV
2011-2016	Assistant Professor, Tenure Track	UNLV
2004-2011	Lecturer	UNLV
2002-2004	Lecturer	Nevada State University (formerly Nevada State College)
2002-2003	Adjunct Faculty	College of Southern Nevada

## **CLINICAL EXPERIENCE**

2022-	PRN Family Nurse Practitioner	Dallas, Texas
2017-2021	Family Nurse Practitioner	Anthem Hills Medical Center Henderson, NV

2004-2017	Nurse Practitioner, Primary Care and Urgent Care	Advanced Primary/Urgent Care Henderson, NV
2001-2004	Family Nurse Practitioner, Internal Medicine, and Urgent Care	Southwest Medical Associates LV, NV
2001-2002	Family Nurse Practitioner	Family Practice Medicine LV, NV
1998-1999	Staff RN, Emergency Department	Desert Springs Hospital LV, NV
1997-2005	Nurse Corps Officer	United States Navy
1995-2001	Charge Nurse and Staff RN (Work summary between 1995-2001: Cardiovascular care, level 1 trauma intensive care unit, critical care, emergency, and ambulatory care	University Medical Center. Southern NV

### HONORS, AWARDS, & FELLOWSHIPS

2021	<b>Best Team Award - Graduate Program</b> (Project Leader) University of Nevada, Las Vegas
2021	<b>Outstanding Department Chair/Program Director</b> (Nominee) University of Nevada, Las Vegas
2020	<b>Outstanding Faculty of the Year</b> University of Nevada, Las Vegas
2020	<b>Distinguished Fellow, American Academy of Nursing</b> American Academy of Nursing
2019	<b>Nurse Practitioner State Award for Excellence</b> American Association of Nurse Practitioners
2017	<b>Leadership Scholar Award, Okura Grant Foundation</b> Asian American Pacific Islander Nurses Association - National
2017	<b>Excellence in Service</b> University of Nevada, Las Vegas
2016	<b>Best Poster: Clinical/Biological Category</b> Sigma Theta Tau International Honor Society of Nursing, Zeta Kappa Chapter
2016	<b>Fellow, Leadership for Academic Nursing Program (LANP)</b> American Academy of Colleges in Nursing (AACN)
2015	<b>John Crawford Research Institute Research Award</b> Neuman Systems Model, Inc.
2015	<b>Certificate of Commendation from NV U.S. Senator</b> Outstanding contribution in improving the health of Asian and Pacific Islander communities
2014	<b>Academic and Scholarship Honors</b> Phi Kappa Phi Honor Society

- 2014        **Fellow, National Institute of Nursing Research/Summer Genetics Institute Program**  
National Institutes of Health (NIH)
- 2013        **Excellence in Research**  
UNLVSON
- 2012        **Outstanding Researcher Award**  
Nevada Nurses Association
- 2011        **NNA Achievement Award for Advancing the Profession**  
Nevada Nurses Association
- 2011        **Scholastic and Community Service Achievement Award, U.S. NV Senator**

### SCHOLARSHIP & RESEARCH

#### **Publications** (*underline denotes mentored students*)

- Nguyen, A. P., **Angosta, A. D.**, Ke, W., Khong, T. M., Tran, C. C. & Kim, M. T. (2022). Diabetes prevalence, risk factors, and care in Asian American and Pacific Islanders of Texas: Data from the 2015-2019 Behavioral Risk Factors Surveillance System. *The Science of Diabetes Self-Management and Care*, 1-13. Advance online publication. doi: 10.1177/26350106221116902.
- **Angosta, A. D.**, Reyes, A. T., Cross, C. Pollom, T. & Sood, K. (2021). Cardiovascular disease knowledge, risk factors, and resilience among U.S. veterans with and without post-traumatic stress disorder. *Journal of the American Association of Nurse Practitioners*, 33(11), 947-958. doi:10.1097/JXX.0000000000000507.
- Reaves, C. & **Angosta, A. D.** (2020). The relaxation response: Influence on psychological and physiological responses in patients with COPD. *Applied Nursing Research*, 57,1-6. doi: 10.1016/j.apnr.2020.151351.
- Constantino, R. E., **Angosta, A. D.**, Reyes, A. T., Kameg, B., Wu, L., Cobb, J. Hui, V., Palompon, D., Safadi, R., Daibes, M., & Schlenk, E. (2019). Is intimate partner violence a risk factor for cardiovascular disease in women? A review of the preponderance of the evidence. *Health*, 11, 841–854. doi:10.4236/health.2019.116067.
- Heil, D. P., **Angosta, A. D.**, Tan, R., & Zhu, W. (2019). The energy expenditure of *Tinikling*: A culturally based physical activity. *International Journal of Exercise Science*, 12(4), 111-121. PMID 6355119.
- Kim, P. C., Shen, J. J., **Angosta, A. D.**, Frakes, K. and Casey, L. (2018). Errors associated with the rights of medication administration at hospital settings, *Journal of Hospital and Healthcare Administration*, 1(1), 1-7. doi: 10.29011/JHHA-111.000011.

- Shen, J. J., **Angosta, A. D.**, Sotero, M., Rice, J. & Raju, K. (2018). Nursing associated dedication errors: Are internationally educated nurses different from U.S. educated nurses? *European Journal of Environment and Public Health*, 2(1), 2-9. <https://doi.org/10.20897/ejeph/85002>.
- **Angosta, A. D.** & Serafica, R. (2017). Assessing physical activity levels in Filipino Americans with hypertension using the rapid assessment of physical activity questionnaire. *Home Health Care Management & Practice*, 29(2), 91-95. doi: 10.1177/1084822316685517.
- Muroi, M., Shen, J. J., & **Angosta, A. D.** (2017). Association of medication errors with drug classifications, clinical units, and consequence of errors: Are they related? *Applied Nursing Research*, 33, 180-185. doi: 10.1016/j.apnr.2016.12.002.
- Coleman, J. S. & **Angosta, A. D.** (2017). The lived experiences of acute care bedside registered nurses caring for patients and their families with limited English proficiency: A silent shift. *Journal of Clinical Nursing*, 26(5-6), 678-689. doi: 10.1111/jocn.13567.
- Serafica, R. & **Angosta, A. D.** (2016). Acculturation and changes in body mass index, waist circumference, and waist- hip ratio among Filipino Americans with hypertension *Journal of the American Society of Hypertension*, 10(9), 733-40. doi:10.1016/j.jash.2016.07.002.
- La Brocca, S. & **Angosta, A. D.** (2015). Management of an adult patient with congenital heart disease: Implications for the advanced practice registered nurse. *Home Health Care Management & Practice*, 28(1), 3-8. doi: 10.1177/1084822315588519.
- **Angosta, A. D.**, Serafica, R., & Moonie, S. (2015). Measuring enjoyment of ballroom dancing in Filipino Americans using the physical activity enjoyment scale. *Asian Pacific Island Nursing Journal*, 2, 1-9. doi: 10.1177/2373665815585320.
- **Angosta, A. D.**, Ceria-Ulep, C. D., & Tse, A. (2014). Care delivery for Filipino Americans using the Neuman Systems Model. *Nursing Science Quarterly*, 27(2), 142-148. doi: 10.1177/0894318414522605.
- **Angosta, A. D.**, & Speck, K. E. (2014). Assessment of heart disease knowledge and risk factors among first-generation Filipino Americans: A cross-sectional survey. *Clinical Nursing Studies*, 2(2), 123-132. doi: 10.5430/cns.v2n2p123.
- **Angosta, A. D.** & Holmes, B. (2014). Case report: Chest pain, bradycardia, and ECG changes in acute cholecystitis. *Journal of Urgent Care Medicine*, December 2014 issue, pp. 25-27. <http://www.jucm.com/december-2014/>.
- Mallory, A. M., **Angosta, A. D.** & Kawi, J. (2014). A patient with metabolic syndrome and the role of the advanced practice nurse. *MEDSURG Nursing*, 23(4), 245-250.
- Llasus, L., **Angosta, A. D.**, & Clark, M. Graduating BSN students' EBP knowledge, EBP readiness, and EBP implementation (2014). *Journal of Nursing Education*, 53(9), S82-S89. doi: 10.3928/01484834-20140806-05.
- **Angosta, A. D.** (2013). Coronary heart disease knowledge and risk factors among

Filipino Americans connected to primary care services. *Journal of the American Association of Nurse Practitioners*, 25(9), 503-512. doi: 10.1002/2327-6924.12039.

- **Angosta, A. D.** & Gutierrez, A. (2013). Prevalence of metabolic syndrome among Filipino Americans: A cross-sectional study. *Applied Nursing Research*, 26(4), 192-197. doi: <http://dx.doi.org/10.1016/j.apnr.2013.06.005>.
- Olde, D., Alpert, P., & **Angosta, A. D.** (2013). Metabolic syndrome: Clinical perspective for best practice. *Journal of the American Association of Nurse Practitioners*, 25(12), 644-652. doi: 10.1002/2327-6924.12048.
- Ceria-Ulep, C., **Angosta, A. D.**, Magday-Asselstine, R. T., Castillo, M. A., Pagano, I. S., Dongmei, L., & Wooton, A. (2013). Assessing physical activity and function in the Filipino older adults. *Journal of Cultural Diversity: An Interdisciplinary Journal*, 20(1), 30-39.
- **Angosta, A. D.** & Holmes, B. (2012). Atypical appendicitis in the older patient. *Journal of Urgent Care Medicine*: <http://www.jucm.com/atypical-appendicitis-in-the-older-patient/>
- **Angosta, A. D.** (2011). The impact of *Tai Chi* exercise on CHD: A Systematic Review. *Journal of the American Academy of Nurse Practitioners*, 23(7), 376-381. doi:10.1111/j.1745-7599.2011.00597.x.
- **Angosta, A. D.** (2010). Concept analysis of risk in relation to coronary heart disease in Filipino Americans. *Nursing Forum*, 45(4), 253-259. doi: 10.1111/j.1744-6198.2010.00198.x.

#### **International Presentations** (underline denotes mentored students)

- **Angosta, A. D.** (2021). *Simulated Telehealth Experience Using Standardized Patients and Virtual Clinical Evaluation for Nurse Practitioner Students*. Sigma Theta Tau International Honor Society of Nursing 46<sup>th</sup> Biennial Convention. Indianapolis, IN (Podium, peer-reviewed abstract accepted March 2021).
- Toney, D., **Angosta, A. D.**, et al. (2020, Nov. 30). *International nursing research workshop on the impact of Covid-19*. Racial/ethnic minorities in the COVID19 pandemic and implications for nursing research from the National Coalition of Ethnic Minority Nurse Associations (NCEMNA). Emory University, Atlanta, GA (Invited presentation).
- **Angosta, A. D.**, Serafica, R., Aldana, A., & Angosta, A. C. (2016). *An assessment of level and intensity of physical activity among hypertensive Filipino Americans*. 13<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Baja, Mexico (Podium, peer-reviewed abstract).
- **Angosta, A. D.**, Heil, D., Tan, R., Gutierrez, G. A., Espina, R., Zhu, W... & Vongxay, C. (2016). *The metabolic equivalent of Tinikling: A traditional Philippine dance*. 13<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Baja, Mexico (Podium, peer-reviewed abstract).

- **Zhu, W.**, Heil, D., **Angosta, A. D.**, & Tan, Alforque-Tan, R. (2016). *The metabolic equivalent for Tinikling: a Philippine folkloric dance*. American College of Sports Medicine National Conference. Boston, MA (Podium, peer-reviewed abstract).
- **Angosta, A. D.**, Heil, D. **Zhu, W.**, and Heil, D. (2016). An assessment of level and intensity of physical activity among hypertensive Filipino Americans. 13<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Honolulu, Hawaii (Podium, peer-reviewed abstract).
- **Angosta, A.D.**, Inouye, J.I., Gatlin, T., & Serafica, R. (2015). *Effects of dance in chronic illness: A systematic review*. Sigma Theta Tau International Honor Society of Nursing 43<sup>rd</sup> Biennial Convention Las Vegas, NV. Virginia Henderson Global Nursing e-Repository. [hdl.handle.net/10755/602406](http://hdl.handle.net/10755/602406) (Symposium, peer-reviewed abstract).
- **Angosta, A. D.**, Serafica, R., Alforque-Tan, R. & Vapor, V. (2015). *Ballroom dance: A culturally acceptable physical activity among Filipino Americans*. 12<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Las Vegas, NV (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2015). *Looking through the lens of the Neuman Systems Model in Filipino Americans with hypertension*. 15th International Biennial Neuman Systems Model Symposium Philadelphia, PA (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2014). *The effects of ballroom dance on blood pressure, heart rate, weight, waist circumference, and body mass index among Filipino Americans: A feasibility study*. Sigma Theta Tau International Honor Society of Nursing 25th International Nursing Research Congress. Hong Kong, China (Podium, peer-reviewed abstract).
- **Angosta, A. D.** & Speck, K. E. (2014). *Knowledge of heart disease and risk factors among first-generation Filipino-Americans living in southern Nevada*. 11<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. San Diego, California (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2013). *Prevalence of metabolic syndrome among Filipino Americans*. 10<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Honolulu, Hawaii (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2013). *Application of the Neuman Systems Model in caring for Filipino Americans with metabolic syndrome*. 14<sup>th</sup> Neuman Systems Model International Biennial Symposium. Vancouver, BC (Podium, peer-reviewed abstract).
- **Angosta, A. D.**, Vapor, V., Moonie, S., & Alforque-Tan, R. (2013). *Ballroom dancing: A fun & sustainable form of exercise among Filipino Americans*. 10<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Honolulu, Hawaii (Podium, peer-reviewed abstract).

- **Angosta, A. D.** (2012). *Tai chi exercise and coronary heart disease*. 9<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Las Vegas, NV (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2011). *Cardiovascular disease and risk factors in Filipino-Americans*. 8<sup>th</sup> Annual Asian American Pacific Islander Nurses Association Conference. Houston, TX (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2008). *Risk factors of coronary heart disease among Filipinos*. 5<sup>th</sup> Annual Conference, Asian American Pacific Islander Nurses Association. Las Vegas, NV (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2007). *Gender differences in presenting symptoms, treatment, and outcome of myocardial infarction*. Neuman Systems Model International Symposia. Ft. Lauderdale, FL (Podium, peer-reviewed abstract).

**National Presentations** (*underline denotes mentored students*)

- Nguyen, A., **Angosta, A. D.**, Ke, W., Tran, C., Khong, T., & Kim, M. (2022). *Cardiometabolic and mental health in Asian Americans of Texas*. 48<sup>th</sup> Annual Transcultural Nursing Society Conference. Louisville, KY.
- **Angosta, A. D.**, Vapor, V., Moonie, S., & Alforque-Tan, R. (2014). *Ballroom dancing: An alternative exercise for Filipino Americans*. 35<sup>th</sup> Annual National Convention: Sustaining Global Health, Empowering Collaborations. Philippine Nurses Association of America. Las Vegas, NV (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2012). *CHD risk and prevalence of metabolic syndrome among Filipino-Americans*. National Conference for Nurse Practitioners. Lake Buena Vista, FL (Poster, peer-reviewed abstract).
- **Angosta, A. D.** (2011). *CHD knowledge and risk factors among Filipino Americans connected to primary care services*. 26<sup>th</sup> Annual American Academy of Nurse Practitioners National Conference. Las Vegas, NV (Podium, peer-reviewed abstract).

**Regional/State Presentations** (*underline denotes mentored students*)

- **Angosta, A. D.** (2018). *Accomplishing a research career in academia*. Philippine Nurses Association of Nevada (Podium-Invited).
- Heil, D., **Angosta, A. D.**, Zhu, W. (2016). *Exercise training with dance to improve cardiometabolic health and physical fitness*. American College of Sports Medicine, Northwest Annual Conference. Tacoma, WA (Podium, peer-reviewed abstract).
- Zhu, W., Heil, D., **Angosta, A. D.**, & Tan, Alforque-Tan, R. (2016). *Predicting energy expenditure for Tinikling dance with accelerometry-based activity monitors*. American College of Sports Medicine, Northwest Annual Conference. Tacoma, WA (Poster, peer-reviewed abstract).

- Serafica, R. & **Angosta, A. D.** (2016). *Physical function, quality of life, acculturation and anthropometric measurements among hypertensive Filipino Americans*. Council for the Advancement of Nursing Science. 2016 State of the Science Congress on Nursing Research. Washington, DC (Podium, peer-reviewed abstract).
- **Angosta, A. D.** (2015). *Cardiovascular health of Filipino Americans*. Philippine Nurses Association of Nevada. Las Vegas, NV (Podium-Invited).
- **Angosta, A. D.** (2012). *Cardiovascular risk factors among Filipino Americans*. School of Community Health Sciences. University of Nevada, Reno (Podium-Invited).
- **Angosta, A. D.** (2012). *Hypertension in the elderly*. Osher Lifelong Learning Institute Educational Outreach Program. UNLV, Las Vegas, NV (Podium-Invited).
- **Angosta, A. D.** (2011). *Coronary heart disease and hypertension*. Osher Lifelong Learning Institute Educational Outreach Program. UNLV, Las Vegas, NV (Podium-Invited).
- **Angosta, A. D.** (2011). *Filipino Americans' knowledge about heart disease*. Western Region IDeA Scientific Conference. Reno, NV (Podium-Invited).
- **Angosta, A. D.** (2011). *Cardiovascular research: Update*. INBRE EAC. Las Vegas, NV (Podium-Invited).
- **Angosta, A. D.** (2011). *CHD knowledge and risk factors among Filipino Americans*. 4<sup>th</sup> Annual Interdisciplinary Research Scholarship Day. Las Vegas, NV (Poster, peer-reviewed abstract)
- **Angosta, A. D.** (2009). *CHD risk factors of Filipino-Americans*. Neuman Systems Model International 12<sup>th</sup> Biennial Symposia. Las Vegas, NV (Podium, peer-reviewed abstract).

#### **Invited Presentations, Non-Peer Reviewed Publications, & Interviews**

- **Angosta, A. D.** (2022, October). *Future of nursing initiatives to achieve health equity*. Philippine Nurses Association of America, Inc. - National (Podium- Invited).
- **Angosta, A. D.**, Xiao, C., Nguyen, L., Kuruvilla, S., Valthaty, R., Pogado-Laput, R.,...Accamma, L. (2021, June). *Covid in color conversations: Celebration and challenges of AAPI nurses in the age of Covid*. American Nurses Association Covid initiative.
- **Angosta, A.D.**, Labus, B., Madison, C. M., Barlow, H., & Thomas-Robinson, M. (2021, February). *The Prism: A candid conversation about the Covid-19 vaccine*. UNLV Intersection and UNLV Center for Health Disparities and Research.
- Gaccione, J. & **Angosta, D.A.** (2021, February). Transparency, key to bridging vaccination gap: Creating trust among skeptics is an important part of beating back Covid-19 in communities of color. *UNLV News Center*. <https://www.unlv.edu/news/article/transparency-key-bridging-vaccination-gap>.



- Jacob, M. & **Angosta, A. D.** (2020, September). Finding a home at UNLV: Outstanding faculty award winner and alumni of the year. *UNLV News Center*. <https://www.unlv.edu/news/article/finding-home-unlv>.
- Chhith, A. & **Angosta, A. D.** (2020, June 6). Henderson man's Covid-19 battle highlights risk of high blood pressure. *Las Vegas Review Journal*. <https://www.reviewjournal.com/local/henderson/henderson-mans-covid-19-battle-highlights-risk-of-high-blood-pressure-2047053/>.
- Mancini, A., **Angosta, A. D.** et al. (2020, May 5). Health care heroes. *Las Vegas Review Journal*. <https://www.reviewjournal.com/life/health/health-care-heroes-celebrating-las-vegas-caregivers-on-national-nurses-day-2021477/>.
- **Angosta, A. D.** (2018). *Preventing cardiovascular disease*. SCA Lifelong Learning Club. Del Webb Community. Henderson, NV. (Podium-Invited).
- **Angosta, A. D.** (2016, January 13). *Tai Chi* and heart disease. *The New York Times*. [http://well.blogs.nytimes.com/2016/01/13/ask-well-tai-chi-and-heart-disease/?\\_r=0](http://well.blogs.nytimes.com/2016/01/13/ask-well-tai-chi-and-heart-disease/?_r=0).
- **Angosta, A. D.** (2015, June 7). Make sure your blood pressure monitor measures up. *Las Vegas Review Journal*. <http://www.reviewjournal.com/life/health/make-sure-your-blood-pressure-monitor-measures>.
- **Angosta, A. D.** (2013, October 14). Effect of ballroom dance on heart health. *Nurses.Com*. <https://news.nurse.com/2013/10/14/unlv-professor-studies-the-effect-of-ballroom-dance-on-heart-health/#.UmhO-4zn-Um>.
- **Angosta, A. D.** (2013, August 11). Filipino Americans can dance away heart disease. *AsAm News*. <http://www.asamnews.com/2013/08/11/las-vegas-review-journal-filipino-americans-can-dance-away-heart-disease/>.
- **Angosta, A. D.** (2013, August 10). UNLV professor studies Filipinos dancing away risk of heart disease. *Las Vegas Review Journal*. <http://www.reviewjournal.com/news/education/unlv-professor-studies-filipinos-dancing-away-risk-heart-disease>.
- **Angosta, A. D.** (2012, August 19). Heart study with a twist. *Examiner.Com*. <http://www.examiner.com/article/heart-study-with-a-twist>.
- **Angosta, A. D.** (2013). *Prevalence of metabolic syndrome among Filipino Americans: A cross sectional study*. UNLV's First STEM Summit. Las Vegas, NV.
- **Angosta, A. D.** (2013). *Cardiovascular risk factors among Filipino Americans: A cross sectional study*. 6<sup>th</sup> Annual Interdisciplinary Research Scholarship Day. University of Nevada, Las Vegas. Las Vegas, NV (Poster, peer-reviewed abstract).

**Media** (Past 3 years)

Invited Speaker (Public Radio)

- KUNV. *Global employee health and fitness. Working remotely: Healthy eating and physical activity.* UNLV, Nevada. May 11, 2021.
- KUNV. *Straight from the heart talk. Heart disease: The number one killer of Americans.* Nevada. February 1, 2020.
- PHLV. *Bringing minority nursing to the forefront.* Nevada. March 27, 2019.

## RESEARCH PROJECTS/GRANTS

### Funded Projects

- 2023-2025 **Title:** *Innovation to impact: Online education with academic-practice initiative for increasing and retaining nurses in Texas*  
**Role:** Co-Principal Director  
**Funding source:** Nursing & Allied Health- Nursing Innovation Grant Program/  
Academic and Health Affairs  
**Status:** In-progress
- 2023-2024 **Title:** *Enhancing nursing students learning to address women's health in underserved populations*  
**Role:** Co-I  
**Funding source:** 2023 Discovery Foundation  
**Status:** In-progress
- 2022-2023 **Title:** *Using simulation-based training with undergraduate and advanced practice nursing students to improve skill performance and impact the health and well-being of women*  
**Role:** Co-I  
**Funding source:** 2022 Discovery Foundation  
**Status:** Completed
- 2017-2018 **Title:** *Cardiovascular disease knowledge and risk factors among U.S. veteran transitioning to military*  
**Role:** PI  
**Funding source:** Sigma Theta Tau International Honor Society of Nursing  
**Status:** Completed/Published
- 2015-2016 **Title:** *Physical function, quality of life, acculturation, and anthropometric measurements among hypertensive Filipino Americans*  
**Role:** Co-I  
**Funding source:** University of Nevada, Las Vegas School of Nursing Grant Award  
**Status:** Completed/Published
- 2014-2015 **Title:** *The energy expenditure of Tinikling: A culturally based physical activity*  
**Role:** PI  
**Funding source:** University of Nevada, Las Vegas School of Nursing Grant Award  
**Status:** Completed/Published

- 2012-2013 **Title:** *Effects of ballroom dancing on blood pressure, heart rate, weight, and waist circumference in Filipino Americans: A cross-sectional study*  
**Role:** PI  
**Funding source:** NIH IDeA Network of Biomedical Research Excellence P20RR-016464  
**Status:** Completed/Published
- 2011-2012 **Title:** *Coronary heart disease knowledge and risk factors of Filipino Americans*  
**Role:** PI  
**Funding source:** NIH IDeA Network of Biomedical Research Excellence P20RR-016464  
**Status:** Completed/Published

### **Other Completed Project**

- 2021 **Title:** *Covid-19 symptoms, cardiovascular disease risk factors, mental health, and resilience*  
**Role:** PI  
**Funding source:** None  
**Status:** Completed

## **GRANTS**

### **Submitted Grant Proposals**

#### **2023**

- **Nursing & Allied Health- Nursing Innovation Grant Program/ Academic and Health Affairs**

Title of Project: *Innovation to impact: Online education with academic-practice initiative for increasing and retaining nurses in Texas*

Role: Co-PI

Amount: \$200,000

- **Discovery Foundation Grant**

Title of Project: *Enhancing nursing students learning to address women's health in underserved populations*

Role: Co-I

Amount: \$50,000

#### **2022**

- **Department of Health and Human Services -2022-ACL-AOA-CSSG-0041. Empowering Communities to Deliver and Sustain Evidence-Based Chronic Disease Self-Management Education Programs**

Title of Project: *Fil-Am Health: Filipino American Health Empowerment to Deliver and Sustain Evidence-Based Chronic Disease Self-Management Education Programs*

Role: Co-I

Amount: \$700,000

- **Discovery Foundation Grant**

Title of Project: *Using Simulation-Based Training with Undergraduate and Advanced Practice Nursing Students to Improve Skill Performance and Impact the Health and Well-being of Women*

Role: Co-I

Amount: \$45,000

## 2021

- **Patient-Centered Outcomes Research Institute (PCORI)**

Title of Project: *Improving patient centered comparative (PCOR) and clinical effectiveness research (CER) among Filipinos: Addressing hypertension among high-risk populations in South Texas and Eastern Virginia*

Role: Consultant

Amount: \$3,000,000

## 2020

- **American Association of Colleges of Nursing Faculty Scholars Grant Program: Foundation for Academic Nursing**

Title of Project: *Virtual clinical experience using standardized patients: Performance evaluation and integration of telehealth*

Role: PI

Amount: \$25,000

## 2018

- **Sigma Theta Tau International Honor Society of Nursing, Zeta Kappa Chapter**

Title of Project: *Cardiovascular disease knowledge and risk factors among U.S. veteran transitioning to military*

Role: PI

Amount: \$2,500

- **National Institutes of Health, Social and Behavioral Research Division (RO1) PA14-177**

Interdisciplinary Project between School of Nursing and Community Health Sciences

Title of Project: *Healthy habits: Timing for developing sustainable and healthy behaviors in children and adolescents*

Role: Co-I

Amount: \$2,889,386

## 2018

- **UNLVSON Intramural Grant Award**

Title of Project: *Heart disease knowledge and risk factors among Veterans with post-traumatic stress disorder*

Role: PI

Amount: \$8,529

- **Nurse Practitioner Health Care Foundation (NPHF)/2017 Astellas Promoting Heart Health Across the Life Span Award Program**

Interdisciplinary Project between School of Nursing and Allied Health Sciences

Title of Project: *Impact of postprandial walk on blood glucose levels among Asian American adults at risk of cardiovascular disease: An interdisciplinary pilot study*

Role: PI

Amount: \$4,000

- **Center for Biobehavioral Interdisciplinary Science (C-BIS)**

Interdisciplinary Project between School of Nursing and Allied Health Sciences

Title of Project: *Evaluation of intermittent hypoxic resistance training on biometric parameters*

Role: Co- I

Amount: \$10,000

## 2016

- **University of Nevada, Las Vegas School of Nursing Grant Award**

Title of Project: *Physical function, quality of life, acculturation and anthropometric measurements among hypertensive Filipino Americans*

Role: Co-I

Amount: \$5,000

- **National Institutes of Health (NIH)/ National Institute of Nursing Research (NINR):  
Mentored Research Scientist Development Award (KO1)**

Title of Project: *Effects of a culturally relevant physical activity intervention*

Role: PI

Amount: \$280,013

- **NIH/National Institute of Minority Health & Health Disparities (NIMHHD):  
Academic Research Enhancement Award (R15)**

Title of Project: *Culturally relevant physical activity intervention among Filipino Americans*

Role: PI

Amount: \$368,016

## 2015

- **University of Nevada, Las Vegas School of Nursing Grant Award**

Title of Project: *The energy expenditure of Tinikling: A culturally based physical activity*

Role: PI

Amount: \$5,000

## 2014

- **NIH/ NINR Mentored Research Scientist Development Award**

Title of Project: *Effects of 3-month dance intervention using mobile dance apps*

Role: PI

Amount: \$272,939.00

## 2014

- **NINR Exploratory Project Grant (P20)**

Special Emphasis Panel Centers of Excellence in Self-Management Research

Title of Project: *Center for biobehavioral, interprofessional, technology enhanced self- management [C-BITS]*

Role: Co-I

Amount: \$ 1,498,242.00

**2013**

- **NIH IDeA Network of Biomedical Research Excellence P20RR-016464**

Title of Project: *Effects of ballroom dancing on blood pressure, heart rate, weight, and waist circumference in Filipino Americans: A cross-sectional study*

Role: PI

Amount: \$98,155.00

- **Centers for Medicare and Medicaid Services (CMS): Health Care Innovation Challenge**

Title of Project: *Transformation for health innovation program in chronic disease management*

Role: Co-I

Amount: \$303,422.00

**2012**

- **NIH IDeA Network of Biomedical Research Excellence P20RR-016464**

Title of Project: *Coronary heart disease knowledge and risk factors of Filipino Americans*

Role: PI

Amount: \$86,123.00

**FACULTY MENTORING** (Past 5 years)

<b>Date</b>	<b>Type</b>	<b>School</b>
2021-Present	Tenured/Tenure Track/Clinical Faculty	Baylor University LHSON
2018-2021	Tenured/Tenure Track/Clinical Faculty	UNLV & Nevada State University

**STUDENT MENTORING (UNLV)** (Past 5 years)

<b>Date</b>	<b>Type</b>	<b>School</b>
2022-	BSN, DNP	Baylor University LHSON
2020-2021	Ph.D., DNP, MSN	UNLVSON
2018-2019	Ph.D., MSN	UNLVSON

**SERVICE**

**Community & Professional Organizations Outreach** (Past 5 years)

2021-Present	Eucharistic Ministry/Lector. St. Ann Parish Church in TX
2022-Present	Volunteer/Server. Hillcrest House in Dallas
2021-2020	COVID-19 Vaccine Team Member. University Medical Center in NV
2020-Present	Board of Directors, Member. Asian American Pacific Islander Nurses Association – National
2019-2020	Board of Directors, Chair. Asian American Pacific Islander Nurses Association – National
2018-2022	Board of Directors, Member. National Coalition of Ethnic Minority Nurse Associations (NCEMNA)

- 2018-2019 President. Asian American Pacific Islander Nurses Association – National
- 2018-2019 Member, Diversity, and Inclusion Steering Committee Future of Nursing Campaign for Action. AARP and Robert Wood Johnson Foundation
- 2018-2020 Volunteer Educator/Speaker, Sun City Anthem Lifelong Learning Club. Del Webb Community, State of Nevada
- 2018-2020 Program Committee Member. Public Policy, Leadership and Equity Summit National Coalition of Ethnic Minority Nurse Associations
- 2018-2020 Board Member. Robert Wood Johnson Foundation Future of Nursing: Equity, Diversity, and Inclusion Steering Committee

**Baylor University & LHSON** (Service)

- 2021-Present University Research Compliance
- 2021-Present University Faculty of Color Alliance
- 2021-Present Tenured Faculty Committee (Chair)
- 2021-Present Tenure Track Faculty Search Task Force (Chair)
- 2021-Present Research & Scholarship Committee
- 2021-Present Clinical Faculty Appointment & Promotion Committee
- 2021-Present Mentoring Program Committee
- 2021-2023 Diversity, Equity, & Inclusion Committee
- 2021-Present Committees on Committees
- 2021-Present Program Effectiveness Committee
- 2021-Present Graduate Studies Committee
- 2022 Keynote Speaker, Health Equity Research Symposium (Baylor UG Research Course)

**UNLV & SON** (Service, past 5 years)

- 2019-2021 Faculty Mentoring Program
- 2019-2021 Diversity, Equity, Inclusion, and Justice Task Force
- 2019 Student Grievance and Student Appeals, Allied Health Programs
- 2018-2021 Promotion & Tenure  
University Graduate Council Committee and Graduate Awards Committee II
- 2012-2017 University Institutional Review Board (IRB) Member
- 2018 University Graduate and Top Tier RSCA Professional Development Committee

**Courses taught or currently teaching:**

**Baylor University LHSON**

**Doctoral of Nursing Practice (DNP)**

- NUR 5201 Introduction to Statistical Methods
- NUR 6V76 OL4 Advance Practice Residency

**UNLVSON**

**Doctor of Philosophy (Ph.D.)**

- NURS 770 Knowledge Development

NURS 706 Nursing Theory and the Research Process  
 NURS 789, 798 Independent Study  
 NURS 797 Dissertation

**Family Nurse Practitioner Track**

NURS 761 Clinical Synthesis- FNP  
 NURS 760R FNP Geriatric & Chronic Illness  
 NURS 740R FNP Adult and Women’s Health  
 NURS 703 Advanced Physical Assessment  
 NURS 733 Nursing Education Practicum I  
 NURS 749L Primary Care of the Family I  
 NURS 759L Primary Care of the Family II  
 NURS 769L Primary Care of the Family III  
 NURS 766 Capstone Seminar I  
 NURS 796 Capstone Seminar II

**BSN courses (2004-2016)**

NURS 427 Nursing Leadership and Transition into Practice  
 NURS 320 Pathophysiology & Pharmacology II  
 NURS 306 Foundations in Pharmacology I

**PROFESSIONAL MEMBERSHIPS & HONOR SOCIETIES**

2021-Present	Southern Nursing Research Society (SNRS)
2021-Present	Texas Nurses Association
2021-Present	Transcultural Nursing Society
2021-Present	Baylor Women’s Council of Dallas
2021-Present	Sigma <i>Eta Gamma</i> Chapter
2020-Present	American Academy of Nursing
2020-Present	American Academy of Nursing’s Cultural Competency & Health Equity Council
2020-2023	Philippine Nurses Association
2019-2022	National Coalition of Ethnic Minority Nurse Associations
2017-2021	National Organization of Nurse Practitioner Faculties
2016-2021	Filipino American Advanced Practice Nurses Association – Nevada (Founding Member)
2015-2021	Western Regional Advanced Practice Nurses Network
2014-Present	Phi Kappa Phi Honor Society
2014-2020	American Heart Association/American Stroke Association, Council on Cardiovascular and Stroke Nursing
2007-Present	Asian American Pacific Islander Nurses Association
2000-Present	Sigma Theta Tau International Honor Society of Nursing
2000-Present	American Association of Nurse Practitioners
2000-Present	American Nurses Association



- 2000-2021 Nevada Nurses Association
- 2000-2021 Sigma Zeta Kappa Chapter

**OTHER PROFESSIONAL CONTRIBUTIONS**

- 2012-2023 Manuscript Reviewer (Peer-review/professional journals)
- 2018-2021 Editorial Board  
Asian Pacific Islander Nursing Journal

**PROFESSIONAL DEVELOPMENT/CONTINUING EDUCATION** (Past 3 years)

**2023**

- American Academy of Nursing. *Health policy conference: Celebrating 50 years of leadership, policy, and partnerships*. Washington, DC, MD. (Oct. 5-7)
- AACN Doctoral Education Conference. *Passion, purpose, & partnerships: Inspiring excellence in doctoral nursing education*. San Diego, CA. (Jan. 18-22)
- Baylor LHSO Research & Scholarship Seminars. (7 seminars)

**2022**

- American Academy of Nursing Policy Dialogue. *Lessons from the Covid-19 Pandemic: Mobilizing nursing leadership to advance global equity*. (Virtual). (Dec. 6)
- 48<sup>th</sup> Annual Transcultural Nursing Society Conference, *Transformative cultural care*. Louisville, KY (Nov. 2-5)
- Military Health Systems Research Symposium (MHSRS). *Optimizing readiness: The power of military medical research*. Kissimmee, FL. (Sept. 12-15)
- Research and Scholarship Showcase. Baylor University Louise Herrington School of Nursing. Dallas, TX. (Sept. 20)
- AACN Doctoral Education Conference. *Nursing science and practice: Creating equity through doctoral education*. (Virtual). (Jan. 19-22)
- Baylor LHSO Research & Scholarship Seminars. (7 seminars)

**2021**

- Sigma Theta Tau International Honor Society of Nursing: 46th Biennial Convention *Honor the past, remember the present, and create the future* (Nov. 6-10)
- Baylor LHSO Research & Scholarship Seminar: *National Institute of Nursing Research (NINR) funding opportunities* (Oct. 19)
- UNLVSON Research Session(s):
  - Conversations for leaders on dismantling systems of oppression: *Implicit bias: Examining its origins and finding solutions* (Feb. 22)
  - Conversations for leaders on dismantling systems of oppression: *Race and racism in American health care: A brief history* (Feb. 5)
  - Conversations for leaders on dismantling systems of oppression: *Achieving health equity through eradicating structural racism in the U.S. A call to action for nursing leadership* (Jan. 25)
  - Searching the new PubMed (Jan. 25)