





OUR LHSON MISSION

. . . to prepare

Baccalaureate and Graduate level nurses, within a Christian community, for professional practice, healthcare leadership and worldwide service.

Donors Making a Difference Daughters of Martha Sheeder

Martha Sheeder graduated from the Baylor University Louise Herrington School of Nursing FastBacc® program in 2013. In remembrance of her life, her daughters Allison, Lindsay, Maury and Meredith, shared her story in a video that was shown at the 8th Annual Going for the Gold Gala this past spring. Below are some highlights from their touching sentiments about their mom.

Smiling with heartfelt remembrance about her mom, Allison Sheeder said, "She was genuinely happy about everything. I think that happiness was infectious to everyone around her."

In May of 2012, Martha went back to school to complete the FastBacc® program at the Baylor University Louise Herrington School of Nursing (LHSON). The following February she was diagnosed with breast cancer.

"After she graduated from the LHSON, she went back to Texas Oncology where she had actually gotten her infusions," recalled her daughter Lindsay Sheeder Brown. "In fact, she started a tradition there now called 'Martha's Gong.' Everyone that finishes their chemo treatment gets to ring the gong at the end. She had the opportunity to touch so many lives as a nurse," recalls Meredith Sheeder.

Then, in October of 2016, my sisters and I all got a phone call at about 11 p.m.," shared Maury Sheeder. "Mom had been at dinner with her boyfriend and collapsed in the bathroom. She was rushed to the hospital. They did an MRI and quickly got the results back. The doctors put us all in a room together and explained that if there was white on the brain that it meant there was no brain activity. So, I remember we were all sitting there together and they projected the picture of her brain up on the screen and the whole brain was white. That was really hard for us. We all surrounded her around the bed, and prayed and then at 2 p.m. on October 20, 2016 we held hands and let her go be with God."

Martha's legacy lives on because her daughters established an opportunity for other FastBacc® students who are struggling financially to be able to be a nurse. "We were able to get the scholarship endowed in record time," said Lindsay. "To see hundreds

of people come together to make this dream a reality to honor our mom was incredible."

"If you've gone to a hospital or doctor's appointment and a nurse has touched your life and impacted it in a positive way, donate to the nursing school," said Meredith. When you contribute to the education of these wonderful future nurses you are also helping every single person they touch throughout their career because one good nurse will do good 100 times over."





To learn more about how you can make an impact, contact Janis Kovar, Director of Development for the Baylor University Louise Herrington School of Nursing at Janis Kovar@Baylor.edu or call 214-808-9802.

LEARN. LEAD. SERVE® 2019 Volume 1





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Accomplishments
and Accolades





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MEDICAL MISSIONS TO PERU

Cover Photo: LHSON traditional May 2019 graduates at their rehearsal for their Pinning and Recognition ceremony.

Carl Bonds Rita Bonds Angela Bowman Ellen Byrd John Chiles Marie Chiles Dr. Shelley Conroy Sheila Cook Whitney Cortner Adrienne Ferguson Donna Dee Floyd Kari Haywood Stephen Haywood Mary Ann Hill Anita Jones Pam Jones Dr. Erin Killingsworth Dr. Carl Knight Janis Kovar Mark Lovvorn Patty Lovvorn, Chair Judy Maggard Allison Malone Mike Malone Ben March Suzanne Martin Tom Martin Zachary Mueller Betty Pilcher Russ Pilcher Dr. Linda Plank Catherine Raffaele Stephen Raffaele Dr. David Ramsour Jay Sedwick Laurie Sedwick Dr. Lisa Stepp Remy Tolentino Wayne Tucker Pat Walker Janice Walker

A MESSAGE FROM DEAN CONROY

Our Journey Continues

Reflecting back over the last eight academic years since I joined the Baylor University Louise Herrington School of Nursing (LHSON) so much has happened throughout the journey! Some of the highlights have included: eight successful Going for the Gold Galas, a new building, tremendous growth in enrollments in all degree programs, our faculty almost doubling in size, successful accreditation visits, and our ranking in the top 50 nursing schools in *U.S. News and World Report.* We have successfully launched our low residency online graduate programs and anticipate significant growth in graduate enrollments. The percentage of doctorally-prepared faculty has doubled, research and scholarship are blossoming, and we are embarking on our journey to *Illuminate*, Baylor University's new Academic Strategic Plan. Plus, after several years of planning and discussion, we are now poised to execute a new strategic plan for the LHSON.

Building on our remarkable legacy and commitment to academic excellence we echo Baylor University's mantra Where Lights Shine Bright, and exemplify our nursing school motto, Learn. Lead. Serve. Through impactful research and scholarship we are giving light to new possibilities in nursing and other significant areas. Inspired by Illuminate, the nursing school serves as one of the pivotal anchors in its interdisciplinary areas of focus: Health, Data Sciences, Materials Science, Human Flourishing, Leadership & Ethics and Baylor in Latin America. Ultimately, Baylor aspires to become America's preeminent Christian research university.

Continuing our forward momentum, we are honored that *U.S. News and World Report's* **2020 Best Graduate Nursing Schools** ranked our DNP program #41. Our online MSN Leadership and Innovation program ranked #42 of the **2019 Best Online Graduate Nursing Programs**. We begin our new online **DNP in Executive Nurse Leadership** in fall 2019. This program joins our other Doctor of Nursing Practice online program tracks including: Family Nurse Practitioner, Nurse Midwifery and Neonatal Nurse Practitioner.

Congratulations are also in order for multiple LHSON honorees of *D Magazine's* 2019 Excellence in Nursing Award. LHSON recipients of the prestigious award include: Dr. Kandice Perez, Clinical Assistant Professor; Jessica McNeil, Adjunct OB Faculty and Gary Foster, DNP-FNP student. We also applaud Dr. Barbara Camune, part-time lecturer for LHSON for being selected into The DFW Great 100 Nurses for 2019.

Additionally, we have been busy with many impactful special events. We hosted our 8th annual **Going for the Gold Gala** on Saturday, March 2 at The Star in Frisco, Texas. Plus, we held our

Alumni Reunion on Saturday, April 6 following two events on Friday, April 5, with Celebration of Scholarship Day sponsored by Sigma Theta Tau International, Eta Gamma chapter and our 2nd annual Distinguished Nursing Lectureship.

Pivotal to our mission is global outreach through teaching and research. Throughout the 2019 summer LHSON offered summer medical missions and study abroad trips to destinations such as: India, Africa, and Hong Kong and closer to home,



LEARN. LEAD. SERVE.®

LHSON Welcomes New Program to Line-Up

Doctor of Nursing Practice – Executive Nurse Leadership

Opportunities for nurse executives are increasing exponentially. Baylor University Louise Herrington School of Nursing (LHSON) is pleased to welcome a new online Doctor of Nursing Practice (DNP) program opportunity. Beginning in fall 2019, LHSON will offer a 100% online DNP Executive Nurse Leadership (ENL) program track for nurse leaders. This program joins our other Doctor of Nursing Practice online program tracks including: Family Nurse Practitioner, Nurse Midwifery and Neonatal Nurse Practitioner.

Over the past few years, the nurse executive role has evolved from simply overseeing a nursing department to being more involved with macro strategy and outcomes. By 2026, the Bureau of Labor Statistics anticipates that roles for medical and health services managers will grow by 20 percent-much faster than the average job-growth rate. A DNP is the highest practice nursing degree a nurse executive can receive. Programs like Baylor's DNP-ENL focus on leadership, data-driven business strategy, and transformative care models.

"This is a distinctive DNP Program developed for Executive Nurse Leaders by Executive Nurse Leaders," said Dora Bradley, PhD, RN-BC, FAAN, Associate Dean for Strategic Initiatives and Innovation, Baylor University Louise Herrington School of Nursing. "It is evident the courses are focused on developing executive level acumen in strategy, business analytics, practice environments, resource attainment and allocation as well as

improving quality and safety outcomes. However, the program developers knew from experience that a key to a leaders long-term success is the ability to position themselves to influence strategy and create credible change. For that reason the Adam's Influence Model (AIM) serves as a framework for the program. Graduates of this unique program will possess key executive skills and knowledge as well as be prepared to influence current and emerging healthcare organizations and systems."

The online nursing programs at the LHSON have been launched in collaboration with Baylor's OPM partner,



Keypath Education LLC. Keypath CEO Steve Fireng said, "We are excited to partner with Baylor University for the new program. Our goal is to make quality education accessible to students all over the world. A focused nursing leadership degree from a school like Baylor will empower students to develop powerful leadership competencies and an adaptable, strategic mindset to create a lasting impact in healthcare."

The DNP-ENL program will prepare nurse executives to

advocate for change, exhibit strong leadership behavior, negotiate and handle contracting and maintain positive professional partnerships. They'll also learn how to look at data and use it to improve patient care, grow and retain a competent workforce, optimize delivery models, and more.

In an ever-changing landscape that relies heavily on our business and political economies, nursing background and expertise has never been more essential to our nation's continued success. Learn more about the DNP-ENL program by visiting www.baylor.edu/nursing.



Articulation Agreement Signed with Austin College

Baylor University Louise Herrington School of Nursing (LHSON) signed an articulation agreement with Austin College at a ceremony at the LHSON on April 26, 2019. The new partnership will allow Austin College students interested in pursuing a nursing career to be eligible to enter an accelerated post-baccalaureate FastBacc® program at the LHSON.

Under the new agreement, students who complete a Bachelor of Arts degree at Austin College, including all prerequisite courses required by Baylor, will receive preferential admissions consideration over other non-Baylor students applying to the program. LHSON academic advisors will work with Austin College faculty and staff to make sure interested Austin College students are fulfilling all prerequisites and admission requirements, and Baylor faculty will also be available to interview FastBacc® candidates. The Baylor LHSON FastBacc® program will be immediately available to students entering Austin College in the fall 2019 and to current students who have fulfilled the requirements.

"We are so pleased to establish this partnership with LHSON. The FastBacc® program will provide a pathway for our students to take full advantage of an Austin College liberal arts education and then complete a Bachelor of Science in Nursing at LHSON in one additional year," said Dr. Kelly Reed, Pre-Health Director, Austin College.

The FastBacc® program is a rigorous, intensive 12-month program that combines traditional classroom learning, online courses, clinical and lab experiences, and hybrid interactive learning courses. Students who complete the FastBacc® program are qualified to apply to the Board of Nursing to take the NCLEX licensure exam.

New Faces on Campus

FACULTY



Jennifer G. Hensley Clinical Professor and Midwifery Coordinator



Michelle Ruby Jamison Clinical Assistant Professor



Jessica L. Peck Clinical Professor



Annie Abraham Clinical Assistant Professor



Angelina Nguyen Assistant Professor



Deborah Shirey Assistant Professor



Andrea Archer Clinical Assistant Professor



Lisa M. Jones
Lecturer



Cheryl Carlson Clinical Professor



Whitney Estapa Events Coordinator



Teresa Tucker Coordinator of Academic Success



Kyle Pyron Coordinator of Pre-Nursing

Interested in a career at the Baylor University Louise Herrington School of Nursing?

To learn more about the LHSON and to view a list of open positions, please visit: www.baylor.edu/nursing/ and click on Faculty & Staff

Faculty/Staff Highlights

Dean Conroy Named President of SREB, CCEN Executive Committee

The Southern Regional Education Board (SREB) Council on Collegiate Education for Nursing (CCEN) named Dr. Shelley Conroy, Dean of the Baylor University Louise Herrington School of Nursing, the president of the SREB CCEN Executive Committee to serve a two year term.

TNA Honors Dr. Jessica Peck

Texas Nurse Practitioners named Jessica Peck, DNP, APRN, CPNP-PC as the 2019 TNP of the Year. She was presented with the award at the 31st annual TNP Conference on September 7, 2019 in Austin.

Serving in Distinguished Nursing Leadership Roles

Dr. Robin Caldwell was appointed to the Texas Nurses Association (TNA) House of Delegates for District 4 and attended the House of Delegates Meeting in Georgetown on June 8, 2019.



Global Research on mHealth

LHSON posted a faculty spotlight video on Shelby Garner, Ph.D., R.N., Assistant Professor and Fulbright Scholar. Her research reflected in the animated mobile app for India is on "Improving Health Outcomes Globally Through Innovative Technology in mHealth Design."

Nursing Research in Uganda

Lori A. Spies, PhD, RN, NP-C, Assistant Professor, Fulbright Scholar and Missions Coordinator returned from a summer trip to Uganda. Dr. Spies worked with nurses and researchers from Clarke International University to complete the final focus groups and data analysis for her research study titled, "Optimizing Population Outcomes in Uganda Through Bundled Nurse-Led Hypertension Interventions."

D Magazine Excellence in Nursing and DFW Great 100 Nurses Awarded

Congratulations are in order for multiple LHSON honorees of D Magazine's 2019 Excellence in Nursing Award. LHSON recipients of the prestigious award include: Dr. Kandice Perez; Jessica McNeil, Adjunct OB Faculty and Gary Foster, DNP-FNP student. We also applaud Dr. Barbara Camune, part-time lecturer for LHSON for being selected into The DFW Great 100 Nurses for 2019.

The Daisy Award for Extraordinary Nursing Faculty and Outstanding Nursing Student

The Daisy Foundation, as part of its service to the nursing profession's role in patient care, established The DAISY Award for Extraordinary Nursing Faculty, and also for an Outstanding Nursing Student. The purpose of this program is to provide nursing schools like LHSON a national recognition program to demonstrate appreciation to nursing faculty and students for their commitment and inspirational influence in nursing. LHSON proudly awarded Dr. Robin Caldwell with the Daisy Award for Extraordinary Nursing Faculty and Mary Moon with Outstanding Nursing Student.

LHSON Congratulates Recent Retirees

The Baylor University Louise Herrington School of Nursing recognizes four outstanding faculty members who retired in May 2019. We have been blessed by these wonderful nursing leaders: Dr. Mary Ann Faucher (not pictured), Dr. Claudia Beal, Professor Marilyn Hightower and Professor Barbara Devitt.



Left to right: Dr. Erin Killingsworth, Professor Barbara Devitt, Dr. Claudia Beal, Professor Marilyn Hightower and Dr. Linda Plank



Baylor University Louise Herrington School of Nursing congratulates Dora Bradley, PhD, RN-BC, FAAN, Associate Dean for Strategic Initiatives and Innovation who was named the recipient of the Association for Nursing Professional Development (ANPD), Marlene Kramer Lifetime Achievement Award. The distinguished award was created in 2016 and is bestowed by the ANPD Board of Directors to recognize an individual who has made significant contributions to nursing professional development. Previous award recipients include: Dr. Marlene Kramer, Dr. Belinda Peutz and Dr. Betty Case.

"It is truly an honor to have received this award from the ANPD Board," said Dr. Bradley. "To me a Lifetime Achievement Award is not so much about my work, it is more about the relationships I have had on this journey. The award is the outcome of mentors, career sponsors, colleagues, co-workers, leaders who challenged and inspired me and encouraged me to take risk, the naysayers and people that sometimes got in the way, plus my friends and loved ones that stood with me. To them, I say thank you."

Dr. Bradley is a nationally recognized expert in nursing professional development and learning innovation. A Fellow in the American Academy of Nursing, she has pioneered many new roles in nursing professional development and was instrumental in creating a number of partnerships between academics and practice environments. Dr. Bradley has held part and full-time appointments at major universities since 1989. She has had a joint appointment as part-time faculty with graduate status at LHSON since 2005. Dr. Bradley previously served as the Chief Clinical and Patient Learning Officer for Baylor Scott & White Health





Faculty Accomplishments & Accolades

Publications

Austin, B., Downing, C., & **Hastings-Tolsma**, **M.** (2019). Experience of neonatal intensive care unit nurses in providing developmentally-supportive care: A qualitative study. *Nursing & Health Sciences*, 1-9 doi:10.1111/nhs.12603

Balouchi, A., Mahmoudirad, G., **Hastings-Tolsma, M.**, Shorofi, S. A., Shahdadi, H., & Abdollahimohammad, A. (2018). Knowledge, attitude and use of complementary and alternative medicine among nurses: A systematic review. Complementary Therapies in Clinical Practice, 31, 146-157 doi://doi.org/10.1016/j.ctcp.2018.02.008

Burpo, R. H., Nodine, P. M., **Hastings-Tolsma, M.**, Brucker, M. C., Griggs, J., Wilcox, S., . . . Callahan, T. (2018). A comparative workforce study of midwives practicing in the state of Texas. *Journal of Midwifery & Women's Health*, 63(6), 682-692. doi:10.1111/jmwh.12739

Cotter, K. D., & Clukey, L. (2019). "Sink or swim": An ethnographic study of nurse educators in academic culture. *Nursing Education Perspectives*, 40(3), 139-143. doi:10.1097/01. NEP.0000000000000434

Faucher, M.A., Greathouse, K.L., **Hastings-Tolsma, M.**, Padgett, R.N., Sakovich, K., Choudhury, A., . . . Petrosino, J. F. (2019) Exploration of the vaginal and gut microbiome in African American women by body mass index, class of obesity, and gestational weight gain: A pilot study. *American Journal of Perinatology*, doi:10.1055/s-0039-1692715

Harper, M.G., Warren, J.I., **Bradley, D.**, Bindon, S.L., & Maloney, P. (2019). Nursing professional development's spirit of inquiry focus areas. *Journal for Nurses in Professional Development*, 35(3), 118-124. doi:10.1097/NND.00000000000000515

Hastings-Tolsma, M., Foster, S.W., Brucker, M.C., Nodine, P., Burpo, R., **Camune, B.**, . . . Callahan, T.J. (2018). Nature and scope of certified nurse-midwifery practice: A workforce study. *Journal of Clinical Nursing*, 27(21-22), 4000-4017. doi:10.1111/jocn.14489

Neathery, M., He, Z., Taylor, E.J., & Deal, B. (2019). Spiritual perspectives, spiritual care, and knowledge of recovery among psychiatric mental health nurses. *Journal of the American Psychiatric Nurses Association*, doi:10.1177/1078390319846548

Rezaie-Keikhaie, K., **Hastings-Tolsma, M.**, Bouya, S., Shad, F. S., Sari, M., Shoorvazi, M., . . . Balouchi, A. (2019). Effect of aromatherapy on post-partum complications: A systematic review. *Complementary Therapies in Clinical Practice*, 31, 146-157 doi://doi.org/10.1016/j.ctcp.2019.03.010

Toler, S., Stapleton, S., Kertsburg, K., Callahan, T.J., & **Hastings-Tolsma, M.** (2018). Screening for postpartum anxiety: A quality improvement project to promote the screening of women suffering in silence. *Midwifery*, 62, 161-170. doi:10.1016/j.midw.2018.03.016

Presentations

Garner, S.L., Hitchcock, J., Koch, H., George, C.E., Norman, G., Young, P., Green, G., & Mahid, Z. An International and Multidisciplinary Team Collaboration to Design a Mobile Health Application to Improve Hypertension Health Outcomes in India. *International Council of Nursing Congress*. Singapore, June 2019. Podium Presentation.

Garner, S.L., Young, P., George, C.E., Koch, H., Hitchcock, J., Norman, G., Green, G., & Mahid, Z. Effectiveness of an Innovative mHealth Application to Improve Hypertension Health Literacy among Disadvantaged Populations in India. *International Council of Nursing Congress*. Singapore, June 2019. Poster Presentation.

Prater, L., & Garner, S. Ensuring Nurse Safety in the Workplace: An Intervention to Improve Venipuncture Skills in India. *International Council of Nursing Congress*. Singapore, June 2019. Podium Presentation.

Jones, R. & Osteen, K. (2019): Management of the obstetric patient with congenital heart disease: What the APRN should know. 2019 AWHONN Annual National Conference. Atlanta, Georgia, June 11, 2019. (podium, peer-reviewed).

Tanner T, Emeis C, **Hastings-Tolsma M,** Hyatt J, Pickett E & Havens L. (2019). *The evolution of midwifery education and practice in the past two decades: looking back and moving forward.* 64th Annual American College of Nurse-Midwives Meeting. National Harbor, MD. May 18-22, 2019. (paper)

Hastings-Tolsma M, Emeis C, Tanner T, Hyatt J, Pickett E & Havens L. (2019). *Making sense of the AMCB Task Analysis*. 64th Annual American College of Nurse-Midwives Meeting. National Harbor, MD. May 18-22, 2019 (paper)

Hastings-Tolsma M, Faucher, M.A., Greathouse L, Bottiglieri T & Wang X. Symposium: Urinary metabolomic profile and class of obesity and gestational weight gain in African-American women. 64th Annual American College of Nurse-Midwives Meeting. National Harbor, MD. May 18-22, 2019 (paper accepted)

Jones, R. (2019): Preeclampsia and future cardiovascular disease. AWHONN Texas State Conference 2019 Texas Nursing Stars - Celebrating 110 Years of Nursing Excellence, Frisco, Texas, May 17, 2019 (invited, podium).

Spies, L. & Gray, J. (May 6, 2019). Qualitative Research. Faculty and Doctoral Student Development Workshop. Clarke International University. Kampala, Uganda. [Invited]

Meraz, R. (2019). Talk to me about your medication nonadherence: Stories from older adults with heart failure. American Heart Association Quality of Care and Outcomes Research 2019 Scientific Session. Pentagon City/Arlington, VA. April 5-6, 2019. (poster, peer-reviewed)

Hitchcock, J., **Garner, S.,** George, C. E., Norman, G., Koch, H., Green, G., & Mahid, Z. Reducing complexity of healthcare information and amplifying the negotiation of place and culture with objective measurements. *13th International Conference on Design Principles and Practice*, St. Petersburg University, St. Petersburg, Russia. March 1-5, 2019. (Podium presentation).

Feutz, K & Spies, L.A. (January 17, 2019). Enhancing Doctoral Student Education Through Global Health Experiences in Africa. The Doctoral Education Conference; American Association of Colleges of Nursing. Coronado, California, USA. [Poster presentation]

Hastings-Tolsma M, Downing C, Temane A, Nolte AGW. (2019). Developing PhD capacity: the Fulbright mechanism as a means of developing international nursing scholars. American Association of Colleges of Nursing 2019 Doctoral Education Conference. Coronado, CA. 16-19 Jan 2019. (paper)

Conroy, S., participated and presented at the International Round Table Symposium on Health, Nutrition and Aging: An Interdisciplinary Perspective, July 21-24, 2019 at Harris Manchester College at Oxford, England. The presentation, *Partnerships for Global Nursing Education Collaboration:* A case study, was one of 20 papers included for presentation and discussion during that time. Additionally, she served as a panel discussion leader for two papers that were presented.



2 ND ANNUAL DISTINGUISHED Nursing Lectureship

The Baylor University Louise Herrington School of Nursing (LHSON) hosted its 2nd Annual Distinguished Nursing Lectureship on Friday, April 5, 2019. This year's speaker was Dr. Karren Kowalski, PhD, RN, NEA-BC, ANEF, FAAN, President/CEO of the Colorado Center for Nursing Excellence.

"Dr. Kowalski is internationally revered in the field of nursing," said Dean Shelley F. Conroy, EdD, MS, RN, CNE, LHSON. "Her core concepts of caring science as a guide for nursing practice, education and research are congruent with our core values as a faith-based School of Nursing."

The event on Friday included a morning presentation for the LHSON faculty followed by a luncheon in honor of Dr. Kowalski. The Distinguished Nursing Lectureship was hosted in the afternoon for LHSON faculty and students as well as nurse leaders from throughout the Dallas-Fort Worth Metroplex. She spoke on "Building on the Past...Leading Into the Future." Her presentation included a compelling story as an Army nurse in Vietnam. A reception followed and tours of the new LHSON Academic Building.

"We were so honored to have had Dr. Kowalski, the iconic nurse at the Baylor School of Nursing," said Dora Bradley, PhD, RN-BC, FAAN, Associate Dean for Strategic Initiatives and Innovation, LHSON. "It is very special to have a nurse leader of this caliber here who has influenced not only nursing practice in the United States but around the world."



Left to right: Dr. Dora Bradley, Dr. Karren Kowalski, Dean Shelley Conroy, Dr. Linda Plank and Dr. Tanya Sudia

Faculty Accomplishments & Accolades

CONTINUED

Grants

Garner, S. L. (2019). Baylor University Undergraduate Research and Scholarly Achievement (URSA) Travel Grant. Closing the Health Disparity Gap among Minority Populations: The Impact of the Affordable Care Act on Health Insurance Coverage in the United States. Funded \$1,250.

Asare, M., **Boozer, K.,** Lanning, B. & **Spies, L.** Baylor University Research Committee Small and Mid-range Grant Program. *Prophylactic Vaccination Education (PROVE) against Human Papillomavirus (HPV) [PROVE against HPV]: A Cancer Prevention Intervention for Adolescent between 12 years old and 17 years old in a City in Central Texas. Awarded April 3, 2019. \$7,500*

Hastings-Tolsma M, Co-PI, Effect of Rubus ideaus consumption during pregnancy on gestation in maternal mice and their offspring and Co-PI: R Stoffel, DVD, PhD (Director, Baylor University Vivarium) Amount: \$7,500. Funding Source: Baylor University Research Committee Funding Period: 12/15/2018 – 5/31/2019

Meraz, R. University Research small grant FY2020 Baylor University. \$4,500

LHSON Celebration of Scholarship Day

The Baylor University Louise Herrington School of Nursing hosted its 3rd annual LHSON Celebration of Scholarship Day on April 5. The event was held in conjunction with the Eta Gamma Chapter of Sigma Theta Tau International. Scholarly accomplishments were displayed in the nursing school lobby from the past academic year such as manuscript publications and poster presentations.

Awards/Honors

Marie Hastings-Tolsma, PhD, CNM, FACNM, was invited and served as a federal grant reviewer for PCORI (Patient-Centered Outcomes Research Institute) for Cycle II applications (December 2018).

Marie Hastings-Tolsma, PhD, CNM, FACNM, appointed Section Editor/International Editorial Board Member on February 25, 2019 for the journal Health SA Gesondheid – Journal of Interdisciplinary Health Sciences. The journal is open access and peer-reviewed, publishing original research and articles on issues related to the health sciences. https://hsag.co.za/index.php/hsag

2017-2018 Top Twenty Most Downloaded articles for **Spies, L. A.,** Gray, J., **Bader, S.,** & Opollo, J. (2018). Nurse-led Interventions for Hypertension: A Scoping Review with implications for Evidenced-Based Practice. *Worldviews on Evidence-Based Nursing.* 15, 247-256.

LHSON honorees of *D Magazine's* 2019 Excellence in Nursing Award include: **Dr. Kandice Perez**, Lecturer; **Jessica McNeil**, Adjunct OB Faculty and **Gary Foster**, DNP-FNP student. Also **Dr. Barbara Camune**, part-time lecturer for LHSON was selected into *The DFW Great 100 Nurses* for 2019.

The Daisy Foundation awarded a DAISY Award for Extraordinary Nursing Faculty to **Dr. Robin Caldwell** and DAISY Award for Outstanding Nursing Student to **Mary Moon.**

The Southern Regional Education Board Council on Collegiate Education for Nursing named **Dr. Shelley Conroy,** president of the SREB CCEN Executive Committee.

Dr. Robin Caldwell was appointed to the Texas Nurses Association House of Delegates for District 4 and attended the House of Delegates Meeting in Georgetown on June 8, 2019.

Dr. Dora Bradley received the Marlene Kramer Lifetime Achievement Award (April, 2019). Awarded by the Association for Nursing Professional Development (ANPD) Board of Directors in recognition of lifelong achievement and commitment to the specialty of nursing professional development.



U.S. News and World Report RANKINGS

U.S. News and World Report
Online
Master of Science

in Nursing
No.

BEST ONLINE GRADUATE PROGRAMS

U.S. News and World Report

Doctor of

Nursing Practice

No.41

BEST GRADUATE SCHOOLS Nursing-Midwifery

No. 10

2018 BEST GRADUATE SCHOOLS Ranked

No. 6

IN THE SOUTHWEST REGION

94.89%

First-time NCLEX pass rate

8:1

Clinical ratio of students to faculty

90%

Graduate with a job, many at highly regarded hospitals in the DFW Metroplex

No. 10

Ranked Top 30 RN program in Texas

by RegisteredNursing.org

4%

of private nursing schools

by

NursingSchoolsAlmanac.com

6,000+

Graduates
educated and
prepared in the last
110+ years

LEARN, LEAD, SERVE®

Leading the future of Nursing Education LHSON Launches Strategic Plan in Fall 2019

We truly believe that nurses have been called to make a difference and we are dedicated to the future growth of the Baylor University Louise Herrington School of Nursing (LHSON) by implementing a dynamic new strategic plan. Exemplifying our motto, *Learn*. *Lead.Serve*. it is our steadfast mission to educate and prepare both baccalaureate and graduate-level nurses within a Christian community for professional practice, healthcare leadership and worldwide service.

Together we also support Baylor University's new Academic Strategic Plan, *Illuminate*, which represents the second phase of *Pro Futuris*. As BU describes, "it carries forward the vision's spirit while providing emphasis to several of its keys components, establishing detailed goals with outcomes that will enable us to realize our full potential as a preeminent Christian research university." *Illuminate* focuses on: Health, Data Sciences, Materials Science, Human Flourishing, Leadership and Ethics and Baylor in Latin America. It is also bolstered by Baylor's \$1.1 billion comprehensive campaign called *Give Light*.

The LHSON's 5-year strategic plan (2019-2024) will begin in the fall. The purpose of the plan is to provide high level direction for the future growth of the nursing school over the next 3-5 years and make sure we are in alignment with the direction of Baylor University. The plan is a result of a culmination of input from the nursing school's faculty, staff and leadership as well as external constituents, current and future trends and Baylor University's *Illuminate* goals. Our five goals will most likely remain unchanged but the strategies (actions) may evolve based on internal and external factors.

GOAL 1:

Promote an engaging Christian academic culture that supports excellence and intellectual curiosity in teaching, research, scholarship, leadership, practice and service for faculty, staff and students.

GOAL 2:

Strengthen experiences that promote the "Baylor Spirit" and ongoing engagement among prospective students, current students and alumni.

GOAL 3:

Create innovative and evidence-based teaching/ practice/research models and programs to prepare nurses and faculty to meet the healthcare needs of the future.

GOAL 4:

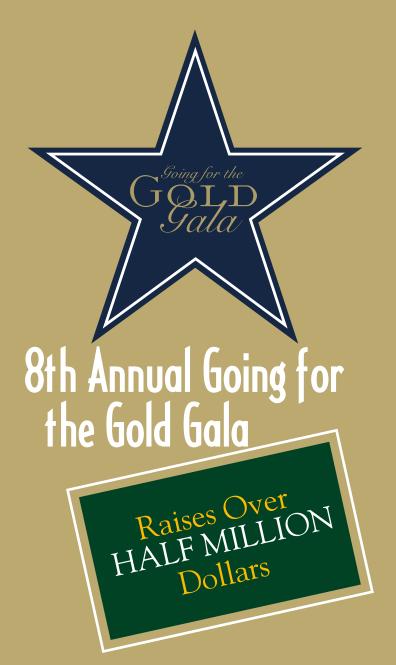
Increase research and scholarship productivity and impact.

GOAL 5:

Cultivate mutually beneficial partnerships that impact the nursing profession, education, practice, research and leadership, locally, nationally and globally.

The intent of our strategic plan is to provide goaloriented structure with possible tactics without being overly prescriptive as the school needs to be able to be responsive to rapid changes in healthcare and nursing as well as promoting innovation. The success of this endeavor will work as our LHSON team embraces it through future work. We look forward to what the future will bring.







pringing into a season of new growth, on March 2, 2019 the Baylor University Louise Herrington School of Nursing (LHSON), hosted 770 guests at its eighth annual Going for the Gold Gala. The spectacular event was held at The Ford Center at The Star in Frisco, Texas – home of the Dallas Cowboys. Providing critical resources for the Nursing School and its students, this year's gala raised over a half million dollars. Since the inaugural gala in 2014, it has become a transformational fundraising event raising over S5 million.

The evening's festivities began at 6:00 p.m. followed by an invocation by Jonathan Evans, Dallas Cowboys Chaplain and BU Alum '03. Remarks were shared by LHSON Dean, Dr. Shelley F. Conroy and a special memoriam tribute to Mrs. Louise Herrington Ornelas. "Affectionately known to her Baylor family as 'Ms. Lou', she was one of our greatest friends, our most loyal advocates and our constant cheerleader. She was someone who was truly larger than life who brought dreams to reality at the school that carried her name," said Dean Conroy. "Her sacrificial giving is what fueled many of the life-altering opportunities our students experience and she will be dearly missed."

Highlighting the gala were keynote speakers Sean Lee, #50 Dallas Cowboy Linebacker and his wife Megan Lee. They were interviewed by Dr. Linda A. Livingstone, President of Baylor University. Sean has proven himself to be quite the player over the last nine NFL seasons, persevering through several injuries and leading the defense in tackles. Off the field, Sean and Megan follow the leadership of many Dallas Cowboys by giving back to

the community and helping others. Most notably they used their 2014 wedding registry to help raise money for a friend's daughter who was diagnosed with Tuberous Sclerosis Complex and could not afford her treatment. This led to the Lee's continued community participation to help children with special medical needs.

The gala evening continued with an inspiring video featuring the story of late Martha Sheeder, LHSON FastBacc®'13 followed by a student testimonial from Andrea Perkins, FastBacc®'19. The gala also included a silent auction with 111 items and a live auction with 8 items as well as a special Fund the Need giving opportunity. Serving as the auctioneer was Julia McConnell, LHSON Fastbacc® '19 and auction emcee, Britt Knighton, BU alum BA '04.

Support from sponsors, underwriters and volunteers remains crucial every year. Special thanks to Gala event chair, Mary Ann Hill and the 83 volunteers of the Gala Task Force Committee, 53 Gala Student Ambassadors and 42 Dean's Board members. The 2019 Gala proceeds continue to focus on the nursing school's highest priority: the new building for the Louise Herrington School of Nursing.

LHSON is passionate about preparing exemplary nurses for the 21st Century and the key to doing that is recruiting and retaining outstanding students. Past Going for the Gold Galas have featured champion athletes and celebrities as the keynote speaker including: Mrs. Laura W. Bush, Former First Lady of the United States (2018 gala); Derek Hass, co-creator and executive producer of NBC's hit television series Chicago Fire, Chicago PD, Chicago Med and Chicago Justice (2017 gala); Noah Galloway, a wounded Operation Iraqi Freedom U.S. Army war veteran hero and finalist on the TV program, "Dancing with the Stars" along with Terrance Williams, Dallas Cowboys Wide Receiver (2016 gala); Heisman Trophy winner and NFL Quarterback Robert Griffin III (RGIII) and former Baylor linebacker and NFL Hall of Famer, Mike Singletary (2015 gala); America's gold medal legend Mary Lou Retton (2014 gala); former Dallas Cowboys running back Emmitt Smith (2013 gala) and Baylor's championship-winning women's basketball coach Kim Mulkey who joined former Dallas Cowboys quarterback Troy Aikman at the (2012 inaugural gala).



THANK YOU! 2019 Going for the Gold Gala Sponsors and Underwriters

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Baylor Scott & White Health (VIP Reception Underwriter); John and Marie Chiles, in honor of Ben and Anita March 50th Anniversary (Invitations Underwriter); Ventana by Buckner (Live Auction Underwriter); Tom and Suzanne Martin (General Underwriter); Dexter and Lois Ward (General Underwriter); Steve and Paula Reynolds (Video Underwriter); Mike and Pam Jones; Richard and Karen Willis; Emilyne Anding; David and Wanda Stovall; Barnabas Foundation/Anita Jones; Brad and Angela Bowman

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\$2,500-\$4,999 | Table Hosts

Baylor Executive MBA Program (General Underwriter); Harris Clark; Merrill Lynch; Prosperity Bank; Belmont Village; Curtis and Donna Dee Floyd; Dominic Edwards and Lawren Kinghorn; Doug and Mary Ann Hill & Sherry McCray; Terry Ball; Dr. Carl Knight; Mark and Patty Lovvorn & Jay and Laurie Sedwick; Don and Sue Wills; Beck Group; Tom and Amy Patterson; Ed and Melissa Kinkeade; Baylor University College of Arts & Sciences









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LOUISE HERRINGTON SCHOOL OF NURSING

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C H A P E L D E D I C A T I O N C E R E M O N Y

The Baylor University Louise Herrington School of Nursing hosted a ceremony on January 29, 2019 for its beautiful chapel in the new Academic Building. The chapel was dedicated to Judge Ken Starr and Alice Starr.

The event welcomed many distinguished guests to share in the special occasion such as members of the Deans Board and others from the Baylor LHSON family. Special thanks also to John and Marie Chiles for their generous gift of the gorgeous stained glass window. Additionally, LHSON thanked members of the building committee who shepherded the effort: Kari and Stephen Haywood, Pam and Mike Jones, Suzanne and Tom Martin, Dr. Kathy Tinius, Os Chrisman, Steve and Paula Reynolds, Toby Barnett and of course, the Chiles.

"The chapel is an answered prayer for us and a wonderful addition to the new LHSON Academic Building," said Dean Shelley Conroy. "It serves as a significant reminder of the love of Jesus for all those who visit for many years to come. Now our students, faculty, staff and the Baylor family have a peaceful place to come and draw closer to their faith."

We were also honored by the generosity of Dallas Baptist University in gifting the kneeling bench to us. We humbly thank Donna Dee Floyd, Patty Lovvorn, Angela Bowman, Kari Haywood and Pam Jones for helping furnish the chapel with beautiful tables, lamps, and artwork. Plus, we are grateful to Ben Lovvorn from First Baptist who gave us the literature for the tables and Pam and Mike Jones who provided the beautiful large Bible.

As sunlight beams through the stained glass window on those who find solitude here, may this chapel always illuminate Baylor's love, "Where Lights Shine Bright."



LEARN, LEAD, SERVE®

Medical Mission Trip to Peru Benefits Underserved Population

Emphasizing servant leadership to influence global healthcare outcomes

Making a difference through global healthcare, during Spring Break 2019, March 8-17, six students from the Baylor University Louise Herrington School of Nursing joined with 19 students from Baylor University's Medical Service Organization (MSO) and traveled to Peru on a Baylor Missions medical mission trip. The group worked with Operacion San Andres (OSA) to offer a health clinic to the underserved populations in Collique, a shantytown on the outskirts of Lima, Peru.

"Our LHSON students gained confidence in their skills and knowledge as they helped their MSO peers who have had little to no clinical training, thus far," said Jeanne Carey, MEd, RN, CHSE, Director of Simulation, LHSON. "It was really neat to see the MSO students seek the advice and assistance of the nursing students, whenever they were struggling with a certain skill or had questions about their clinical findings."

Throughout the week, the 25 member team conducted health screenings for 370 people, ranging in age from six months old to 94 years old. Baylor students also provided educational sessions for children who visit the OSA house daily after school. Children learned about topics such as:

Stranger Danger, Fire Safety (Stop, Drop, & Roll), Hygiene - Handwashing and Teeth Brushing, plus Nutrition & Exercise. Baylor students demonstrated the information to the children by using large teeth models and oversized toothbrushes borrowed from LHSON's Learning Resource Center, as well as showing the children five and one pound fat models. "This is a remarkable example of discipline-specific missions and how students and faculty can use their

vocation to contribute to human flourishing," said Rebecca A. Kennedy, Assistant Dean for Spiritual Life & Missions at Baylor University.

"Over the course of the week, the Baylor group hosted five 90-minute sessions in three classrooms with 30 children each, ages 7-12 years old," said Carey. "The same children attended every day so our Baylor students presented content that built on the previous day's lesson. On the last day, we held an education session for the parents of the OSA kids and we had 42 adults attend. Five of our Baylor students, including one nursing student conducted that session entirely in Spanish, incorporating a question and answer period. The session was planned for 20 minutes but instead had to be stopped at



the 50-minute mark because our bus was waiting to take us back to the hotel in Lima (a two-hour busy ride, one-way). I believe the parents were responding to our Baylor students' efforts to communicate with them in their first language," said Carey. "It was a great way to conclude our time at OSA."

"This trip was important to Baylor, LHSON, and MSO because of the foundation we were able to establish for our relationship with OSA and the people of Collique," said Maggie Compton, LHSON senior nursing student. "When I learned the skill in nursing school I never knew that cleaning ears would change my life but being able to see someone hear clearly for the first time in a long time does something to you."

"Our work in Collique brought a fresh perspective on the human condition, which presented in both heartbreaking and in heartwarming ways," said Grayson Jackson, Baylor University junior, Pre-Med, University Scholars Program and MSO member. "Often I was confronted with deep sorrow as I bore witness to deeply-entrenched poverty and insufficient access to health care. But in those very same places, I also saw an abundance of love, hope, and gratitude that was incredibly humbling to experience. Of the many gifts we can offer our brothers and sisters across the world, perhaps the greatest is our love, for it builds bridges that transcend even the most seemingly insurmountable of barriers. Love knows no language nor race nor creed. This connection we made in Collique will allow countless others to fill their hearts in compassionate service."

"It is our hope that this trip continues on an annual basis as a collaboration between the School of Nursing, MSO, and OSA," said Carey. "I told the students we were laying the foundation for a long-term, sustainable venture and through this enduring commitment we would truly impact the people of Collique. This was not a "one and done" mission trip. As such, the students quickly bonded and the lines between LHSON and MSO, freshman and senior, soon blurred and then melted away completely. We were one team with one heart for the people of Collique."

Serving the underserved populations as "Salt & Light" in God's world, outreach through study and mission abroad is an important pillar of missions work at LHSON. Emphasizing servant leadership to influence global healthcare outcomes, LHSON students are offered the opportunity to participate in missions. Through domestic and international missions, students give back to the community with their nursing skills and spiritual heart. During 2018 and 2019, LHSON offered mission trips to Zambia, Africa; Bengaluru and Hyderabad, India and study abroad trips to England and Vietnam. LHSON also remains active in teaching and research in Hong Kong, India, Uganda and Zambia and plays a vital role in Baylor's global health and outreach efforts.

SIGNED WITH Vietnam National Children's Hospital



Global outreach through teaching and research is pivotal to our mission at the Baylor University Louise Herrington School of Nursing. LHSON has been instrumental in the development of graduate programs for the Nam Dinh National Nursing University in Vietnam.

We have a successful Master of Science in Nursing (MSN) partnership program in Vietnam that is completing its 4th cohort. Every summer, four to six LHSON faculty teach MSN graduate courses in Vietnam for two week intensives.

Last summer, Dean Shelley Conroy was invited to meet with both the Deputy Minister of Health and three Vice Directors to provide advice and consultation regarding the potential to develop the first program for a Doctor of Nursing degree in Vietnam.

Continuing in our efforts to elevate nursing practice and leadership, this past spring the LHSON signed a MOU for a partnership with Vietnam National Children's Hospital in Hanoi, Vietnam.





We are so appreciative for the alums and their guests who attended the Baylor University Louise Herrington School of Nursing (LHSON) Alumni Reunion on Saturday, April 6, 2019 at the new LHSON Academic Building. Together we celebrated the legacy of being a Baylor nurse and hosted a luncheon and program with keynote speaker, Dr. Lori Spies, Assistant Professor & Fulbright Scholar, Missions Coordinator, LHSON. We also appreciated alums who gave the heart felt invocation, Adrianne Duvall and benediction, Chris Felton.

The Alumni Reunion included many festivities throughout the day. We welcomed the Baylor Bookstore to the LHSON for alums to enjoy browsing and stocking up on all their school spirit items. Plus, there was a display in the lobby of scholarly accomplishments from the past academic year of faculty and student manuscript publications and poster presentations. The display was part of the 3rd annual LHSON Celebration of Scholarship Day hosted the day before and was held in conjunction with the Eta Gamma Chapter of Sigma Theta Tau International.

We also honored the 50th, 40th and 30th anniversaries of the classes of 1969, 1979 and 1989 and congratulated the 10th year of our FastBacc® program. It was our privilege to acknowledge the following outstanding alums for their commitment and support of nursing.

Distinguished Alumni

Dr. Jobeth Pilcher

Distinguished Recent Graduates

Anna G. Yoo and Keith Hatfield

Friend of Nursing Award

Dr. Kathy Tinius

We capped the day off with a set-up after the program in classroom 207 with two students, Nikhil Malhotra (L3) and Claire Flores (L2) who displayed some of the features of a patient simulator. They also shared an NBC news clip from last fall on our Simulation Center and faculty research.

Finally, as in years past, we invited alums to participate in an annual giving challenge for the 2019 Alumni Reunion. We are grateful for the generosity of our alums in making such a meaningful difference in the lives of our students as they *Learn.Lead.Serve.* If you would still like to contribute to the 2019 Alumni Reunion giving challenge please visit www.baylor.edu/give or call Janis Kovar at (214) 808-9802. Your investment will multiply for many years to come as our compassionate Baylor nurses strive to be the hands and feet of Christ for those who need care.

As it has for generations, LHSON is leading the way by holistically educating students in mind and spirit to fulfill their calling.







WEDDING BELLS

Stephen W. Holloway (FastBacc 2018) got engaged on May 5th to Amy Harrell who is the Walk Manager for The Crohn's and Colitis Foundation.



Peyton Martin (BSN 2018) married Jose Luis Gutierrez on April 13, 2019. Peyton is now working at Parkland NICU in Dallas.



CONGRATULATIONS

Gracie Glendinning (FB 2017), Nurse of the Year, BSW Institute for Rehabilitation

Melissa Hollis (BSN 2016) graduated with her Masters in May 2019 from Arizona State and will be teaching labs at LHSON in the fall.

Lisa Stepp (BSN 1994) recently completed her PhD in Nursing.

BABY BEARS

Brennan Bassett (May 2017) and his wife welcomed to the world Avery Michelle! 6lbs, 4oz born 5/7/2019 at 7:02 pm.



Annie Claire Winslager, born November 10, 2018 in Dallas to **Emily and Jacob Winslager** (BSN 2018) (pictured at left)

Megan Martin (BSN 2017) married James Alan Moward on November 10, 2018.



IN MEMORIAM

Judy Ann Poteet (BSN 1962) of Richmond, Texas passed away on December 26, 2017

Stevan Anthony De La Garza (BSN 2015) of Pharr, Texas passed away on June 20, 2018

Gwen Seccombe (BSN 1958) of Nathrop, Colorado passed away on October 23, 2018

Elizabeth Puckett Newby (BSN 1951) of San Antonio, Texas passed away on December 7, 2018

Ruth Jenkins (BSN 1945) of Grapevine, Texas passed away on December 25, 2018

Stella Mae McClure (BSN 1942) of Jacksboro, Texas passed away on February 3, 2019

Marilyn Yvonne Dennis (BSN 1957) of La Marque, Texas passed away on February 20, 2019

Deborah Fehler Canuteson (BSN 1975) of Clifton, Texas passed away on March 1, 2019

Claire Meadows Fowler (BSN 1944) of Tyler, Texas passed away on March 2, 2019

Elizabeth A. Henderson (BSN 1971) of Universal City, Texas passed away on June 5, 2019

Virginia Ann Pitman (BSN 1952) of Pleasant Hill, California passed away on June 12, 2019





www.baylor.edu/nursing

The LHSON website is a one-stop resource for information on academic departments and programs, scholarship opportunities, contact information and more.



www.facebook.com/BULHSON

"Like" the LHSON Facebook page for regular access to news, photos and more.



TWITTER

www.twitter.com.baylornursing

The LHSON Twitter feed is a source for news and links to feature on faculty, staff and students.



www.Linkedin

The LHSON LinkedIn feed is a source for news and links to feature on faculty, staff and students.

CALENDAR OF EVENTS

August 26	First Day of Classes, Fall Semester
August 26	LHSON Convocation, Dallas
September 2	Labor Day, University holiday
September 13-14	Family Weekend, Waco
September 19	North Texas Giving Day
September 29 - October 5	Midwifery Week
October 25	Fall Break
October 11, 12, 13	Baylor University Homecoming
November 16-21	Health Professions Week
November 10-16	Nurse Practitioners Week
November 27-December 1	Thanksgiving holidays
December 9	Last Day of Classes
December 12-17	Final Examinations
December 20	Pinning & Recognition Ceremony
December 21	Winter Commencement, Waco
December 23, 2019 - January 2, 2020	Christmas Break – University holiday
January 13, 2020	First Day of Classes – Spring semester
January 20, 2020	Martin Luther King, Jr. Day – University holiday

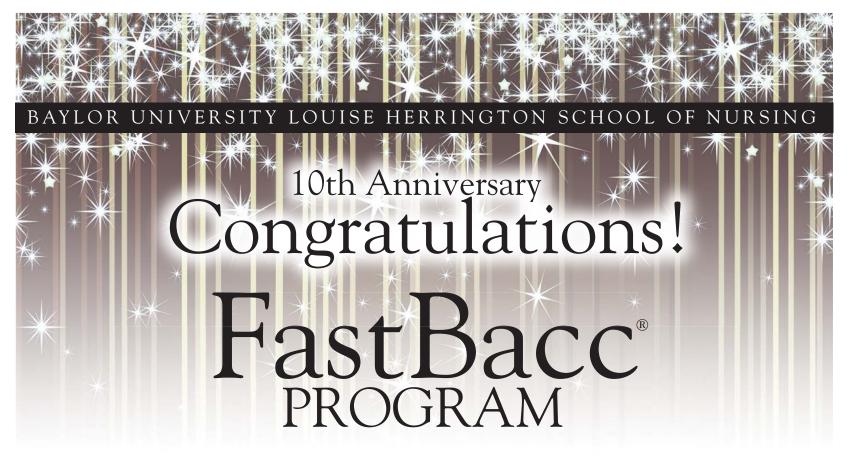


Let your fellow Bears know about the milestones in your life – weddings, births, promotions, retirements, honors and awards. Keep us informed by submitting your updates to feature in: *Learn. Lead. Serve.*®

Fill out this form and mail it to:

Baylor University Louise Herrington School of Nursing, Attention: Alumni Relations, 333 North Washington Ave., Dallas, Texas 75246. You can also email your class note to LHSONalumni@Baylor.edu

First Name:
Maiden Name (if applicable):
Last Name:
Address:
Yes, Please include my mailing
address in my class note.
Home Phone:
Email Address:
Yes, Please include my email address
in my class note.
Graduation year (if alumni):
Degree/School or College:
Yes, include my graduation year in
my class note.
Class note:



Established in 2009, LHSON's FastBacc® program is a rigorous, intensive 12-month program that combines traditional classroom learning, online courses, clinical and lab experiences, and hybrid interactive learning courses. Students who complete the FastBacc® program are qualified to apply to the Board of Nursing to take the NCLEX licensure exam.



U.S. News & World Report:

Baylor University LOUISE HERRINGTON SCHOOL OF NURSING



Baylor University Louise Herrington School of Nursing was featured in *U.S. News & World Report's* 2020 Best Graduate Nursing Schools ranking our Doctor of Nursing Practice (DNP) program #41. Our online Masters of Science in Nursing (MSN) Leadership and Innovation program ranked #42 of the 2019 Best Online Graduate Nursing Programs.

We also offer a new online DNP in Executive Nurse Leadership that begins in fall 2019. This program joins our other DNP online program tracks including: Family Nurse Practitioner, Nurse Midwifery and Neonatal Nurse Practitioner.

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MITCHELL DAVIDSZ

- SCHOLARSHIP RECIPIENT Lena Kohler Gaines Scholarship for the 2018-19 academic year Mitchell Davidsz never thought he would end up at Baylor University's Louise Herrington School of Nursing. As a college freshman, he attended the University of Wisconsin-Eau Claire as a Biochemistry-Molecular Biology pre-med major and eventually decided to transfer from

UW Eau Claire to Baylor as a Pre-Med Biology Major. In the spring of 2017, Mitchell still felt unsettled about his future endeavors and faithfully changed his major to nursing. "Once I changed my major I felt at peace about the career I was pursuing and knew that this decision was for the better."

This decision was further affirmed upon Mitchell walking into Baylor's Nursing School. "The moment I walked into this school I knew this is where God wanted me. The staff I have met here have truly embraced me for who I am and have poured in so much time towards helping me achieve my full potential. I am extremely privileged and honored to attend a faith-filled Nursing School where I am loved and feel as if I belong."

Looking back, Mitchell realizes that despite being a planner, God's plan will always prevail. "I would have never been ready to attend Baylor my freshman year being so far away from home. Yet if I would have remained in my comfort zone and stayed where I was previously, I would not be attending a nursing school that truly focuses on its students."



